



THINK BACK TO YOUR CHILDHOOD. DID YOU FEEL YOUR FAMILY HAD MORE, LESS, OR A SIMILAR AMOUNT OF MONEY COMPARED TO YOUR FRIENDS? HOW DID THIS AFFECT YOUR CHILDHOOD?



REFLECT ON MESSAGES YOU RECEIVED ABOUT MONEY FROM YOUR PARENTS OR CAREGIVERS. WHAT FEELINGS (EXCITEMENT, WORRY, SHAME, PRESSURE, ETC.) SURFACED DURING THESE EXPERIENCES?



CONSIDER HOW YOUR MONEY STORY MIGHT BE INFLUENCING YOUR FINANCIAL DECISIONS AND BEHAVIORS TODAY. WHAT AREAS MIGHT IT BE HOLDING YOU BACK OR PROPELLING YOU FORWARD?

REFLECTION QUESTIONS HOMEWORK

- *WHAT IS YOUR FIRST MONEY MEMORY?*
- *WHAT MAJOR EVENT(S), IF ANY, CHANGED YOUR FAMILY'S FINANCIAL LIFE (DEATH, JOB LOSS, BANKRUPTCY, HEALTH ISSUES, ETC.)?*
- *WHAT MONEY MESSAGES DID YOU INHERIT FROM YOUR RELATIVES, FRIENDS, CHURCH, ETC.?*
- *WHAT WERE SOME OF THE FINANCIAL CIRCUMSTANCES THAT INFLUENCED YOUR PARENTS' MONEY STORY?*
- *HOW HAS YOUR PARENTS' FINANCIAL STORY IMPACTED YOUR OWN MONEY STORY?*
- *IF YOU HAVE CHILDREN, WHAT MONEY STORY ARE YOU PASSING ON TO THEM?*

ADDITIONAL NOTES